

# NICOLE PUCKERING

## BA CYC, MACP, RCC

#70-1100 Princess Royal Ave. | Nanaimo, BC, V9S 5R5 |  
calmwaters.clinicalcounselling@gmail.com

**REGISTERED CLINICAL COUNSELLOR**

### QUALIFICATION SUMMARY

- Registered Clinical Counsellor since 2022
- Trained in Stepwise interviewing since 2017
  - BC Hear the Child member

### FORMAL EDUCATION

Yorkville University – Master of Arts and Counselling Psychology (MACP)  
2022

Vancouver Island University – Bachelor of Arts in Child and Youth Care – Child Protection  
Specialization  
2017

Vancouver Island University – Legal Administrative Certificate  
2011

### EXPERIENCE

Clinical Counselling Associate, Allius Services Inc.  
Private Practice Counsellor

Nanaimo, BC  
May 2022 – September 2024

- Individual, Family and Couples counselling services
- Contracted EFAP Affiliate for Walmsley
- Contracted therapist for the Ministry of Children and Family Development
- Contracted therapist with Pacific Blue Cross and First Nations Health Authority

Child Protection Worker, Ministry of Children and Family Development  
Indigenous Intake and High-Risk Pregnancy Worker

Nanaimo, BC  
February 2017 – May 2022

- Receive, assess, and respond to concerns of child abuse or neglect by listening, understanding, and responding effectively to families with diverse backgrounds.
- Work respectfully and collaboratively with children, families, and Indigenous communities to support change.

- Ability to provide high level of care, guidance and empathy to children, youth and families and support ongoing case management by monitoring goals, coordinating services, and referrals.
- Trained in the social, economic, political, and historical concerns to support families and their cultural values and beliefs.
- Prepare clients with court services and connection to legal counsel.
- Provide guardianship of children placed in care and support concurrent permanency planning.
- Work with and support families that are facing challenges, while being exposed to unpleasant dealings with explosive parents and/or children in crisis.
- Develop family plans with families to support reunification or to establish safety while parenting.
- Ability to work under stress and pressure while in crisis situations and provide intervention.
- Maintain respectful and effective relationships while relating to differing cultural perspectives, understanding and interests.
- Having awareness and recognition of any biases that may impact my working relationship with clients by using analytical thinking.
- Remain flexible when working within diverse situations with the ability to prevent or resolve conflicts.

## **CLINICAL PROFESSIONAL DEVELOPMENT CHRONOLOGICAL**

HOW THE BODY KEEPS THE SCORE – INTENSIVE TRAUMA TREATMENT  
PESI- MARCH 2024

Bessel A. van der Kolk, MD – 14. 5-hour CE credits

ATTACHMENT IN ACTION  
PESI- DECEMBER 2023

Susan Johnson, MD – 1. 5-hour CE credits

FAMILIES, FAMILY BREAKDOWN AND THE LAW  
BCACC- JULY 2023

John Paul E. Boyd, QC, AOCA, MA LLB & Alyson Jones, MA RCC – 14-hour CE credits

PLAY THERAPY FOR CHILDREN IN THE CONTEXT OF HIGH CONFLICT DIVORCE:  
PROMOTING MEANINGFUL THERAPY AND AVOIDING PITFALLS

THE BRITISH COLUMBIA PLAY THERAPY ASSOCIATION- MARCH 2023  
Sarina Kot, Ph.D., R.Psych., RPT-S – 8-hour CE credits

PREPARE/ENRICH FACILITATOR TRAINING  
PREPARE/ENRICH BUILDING STRONG MARRIAGES- MARCH 2023  
Online training – 6-hour CE credits

ATTACHMENT THEORY AND SCIENCE  
PESI- JANUARY 2023

Susan Johnson, MD – 1. 5-hour CE credits

ACT FOR ADOLESCENTS  
PSYCHWIRE- NOVEMBER 2022  
Russ Harris – 16-hour CE credits

ACT FOR BEGINNERS  
PSYCHWIRE - AUGUST 2022  
Russ Harris – 16-hour CE credits

FLASH TECHNIQUE TRAINING  
TRAUMA INSTITUTE AND CHILD TRAUMA INSTITUTE - JULY 2022  
Ricky Greenwald, Psy.D. – 3EMDR/IA credits/CEs – 3-hours

SLAYING THE DRAGON PC & THE FAIRYTALE MODEL OF TRAUMA  
TRAUMA INSTITUTE AND CHILD TRAUMA INSTITUTE - JUNE 2022  
Ricky Greenwald, Psy.D. – 6EMDR/IA credits/CEs – 6.5-hours

SAN'YAS INDIGENOUS CULTURAL TRAINING  
PROVINCIAL HEALTH SERVICES AUTHORITY - MAY 2018  
Online training – 8-hour CE credits